This demonstration is being done on a Mac but the Windows Miro app works the same way on PC’s.

The information provided in this demo will cover the majority of videos you will create.

For ideal results, please keep your video durations under 20-30 minutes.

I have my video files in a folder on my computer.

Select one or all of the videos from your computer and drag them in to the main area of the Miro app.

Click on Format, then select the video sub menu, then select MP4.

Now click the settings button.

Tick the Custom size checkbox.

In the width, type 640, in the height type 360.

Click on the settings button again, then click on the big green **convert to custom** button.

The videos will now convert into an mp4 compressed format over the next couple of minutes.

Once completed, the videos in the Miro listing will have a “show file” link beside each.

Click this, and you’ll be shown the folder where Miro has saved the compressed files.

All of the compressed files will be in this folder and if you have a lot, you may want to sort the folder by recent date.

You can see the videos are significantly smaller, about 20 times smaller for these files in this example.

If you have a video that is larger then 100Mb after compression as in this example, please contact Ed Tech support on extension 1555.

Load your LMS subject, turn editing on.

Scroll to the section you want to place your videos.

Select the compressed videos that micro has saved and drag them onto the LMS.

When the videos are under 100Mb, they will upload without an issue.

If they are larger contact Ed-Tech support.